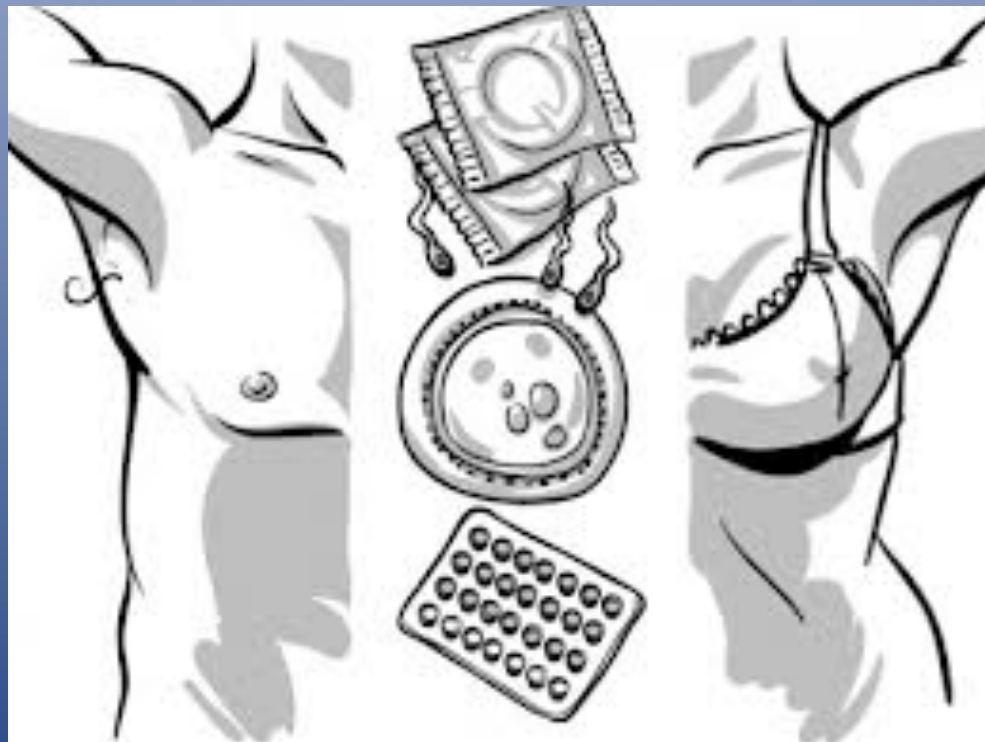


# SEXUAL HEALTH/ EDUCATION



# What is Sexual Education?

- **Sex education** is instruction on issues relating to human **sexuality**, including emotional relations and responsibilities, human **sexual** anatomy, **sexual** activity, **sexual** reproduction, age of consent, reproductive health, reproductive rights, safe **sex**, birth control and **sexual** abstinence.

# Understanding Gender Roles

- A **gender role** is a set of societal norms dictating the types of behaviors which are generally considered acceptable, appropriate, or desirable for people based on their actual or perceived sex or sexuality.

# Understanding Gender Roles

- **Biological Gender** (*sex*) includes physical attributes such as external genitalia, sex chromosomes, gonads, sex hormones, and internal reproductive structures. At birth, it is used to assign sex, that is, to identify individuals as male or female.

# Understanding Gender Roles

- **Gender** on the other hand is far more complicated. There are three modern concepts forming a complex interrelationship between them.
- **Gender Biology** – An individual's sex (male or female parts)
- **Gender Identity** - One's internal sense of self as male, female, both or neither
- **Gender expression** - One's outward presentations and behaviors related to that perception, including their gender role.

Together, the intersection of these three dimensions produces one's authentic sense of gender, both in how people experience their own gender as well as how others perceive it.

# The Gender spectrum

- What is the Gender Spectrum?
- Western culture has come to view gender as a **binary concept**, with two rigidly fixed options: **male or female**, both grounded in a person's physical anatomy. When a child is born, a quick glance between the legs determines the gender label that the child will carry for life.
- But even if gender is to be restricted to basic biology, a binary concept still fails to capture the rich variation that exists. Rather than just two distinct boxes, biological gender occurs across a continuum of possibilities. This spectrum of anatomical variations by itself should be enough to disregard the simplistic notions of a binary gender system.

# The Gender Spectrum

- The Danish Girl
- Who's Got What Parts?